



# **Conwy and Denbighshire Public Services Board: Well-being Delivery Plan 2018 - 2023**



**Community – Supporting Community Empowerment**

Delivery Plan – 2018 / 19

Priority	Year 1 Priorities (2018/19)	Impact
<b>Community –</b> Supporting Community Empowerment	<ul style="list-style-type: none"> <li>Understand what work is already taking place, and where the PSB could add the greatest value in terms of empowering our communities.</li> <li>Consult with professionals on areas of need and seek to develop the PSB's next steps towards meeting those needs</li> <li>Understand what would constitute success, and who should be involved in more detailed design and delivery.</li> </ul>	<ul style="list-style-type: none"> <li>Thriving community groups and assets that meet local needs.</li> <li>Services that work together better.</li> <li>Services that are better value for money.</li> <li>People getting involved and having a say in improving services.</li> </ul>

#### Specific actions in 2018/19 to support year 1 priorities:

1. Developing the Next Steps for Community Empowerment.

2. Social Prescribing will support the well-being needs of individuals and our communities, and will as a result mean fewer medical prescriptions and lower non-medical expenditure on services needed due to lifestyle related conditions. People will also be enabled to say in their own homes for longer.

3. Better support tenants and those at risk of homelessness. This will not only result in less homelessness and more stable tenancies, but mitigate health associated risks and support a better quality rented sector.

4. Dementia Support Action Plan to better support dementia sufferers and their carers. PSB partners will work towards becoming dementia friendly organisations that help people live independently for longer.

#### RAG action key

Action not progressing / areas of concern have been raised

Action progressing and no concerns raised

Action complete

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>		Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved &amp; what difference will be made?</i>	Organisations involved
1	Developing the next steps for Community Empowerment.	Judith Greenhalgh, DCC	n/a	Summer 2018	To establish specific areas of work.	All PSB partners

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>		Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved &amp; what difference will be made?</i>	Organisations involved
Progress Update – March 2019						<div><div></div><div></div><div></div></div>
<p>A workshop was held on June 27, 2018, attended by some 40 professionals with good representation across partner organisations. In-keeping with the PSB's principle of building on existing pledges from organisations' well-being plans, delegates were presented with information about existing pledges and asked to consider areas of need where collaboration would add value, focussing on the following themes:</p> <ul style="list-style-type: none"> <li>i. Housing</li> <li>ii. Employment Opportunities</li> <li>iii. Capacity Building</li> <li>iv. Provision of Health &amp; Well-being Support</li> <li>v. Infrastructure</li> </ul> <p>The output of the workshop was considered by the PSB at its meeting in September, agreeing three areas of work for the priority where the PSB felt it could add value through early intervention, focusing on the local dimension, and involving a different set of partners. These are detailed below.</p>						Completed
2	Social Prescribing will support the well-being needs of individuals and our communities, and will as a result mean fewer medical prescriptions and lower non-medical expenditure on services needed due to lifestyle related conditions. People will also be enabled to stay in their own homes for longer.	Judith Greenhalgh, DCC  (supported by CVSC & DVSC)	n/a	TBC	Fewer medical prescriptions and lower non-medical expenditure on services needed due to lifestyle related conditions.	DCC, CCBC, BCU, PHW & NRW
Progress Update – September 2019						<div><div></div><div></div><div></div></div>
<p>The second project group meeting was held in November to progress the social prescribing/weight management work with partners from BCUHB, Public Health, Natural Resource Wales and both Conwy and Denbighshire Local Authorities.</p> <p>BCUHB's Weight Management Business Case has now been approved and work has begun on developing a Specification for the Commercial Eating Programme within the overall project and envisaged to be out for tender early 2020. Following the successful appointment of a provider it is hoped that staff will be in post by March 2020. BCUHB have agreed that once this programme of work is fully established, links will be made with partners to support the delivery of weight management services across Conwy &amp; Denbighshire.</p>						In progress

<b>Achievement Measures</b> <i>Describe what will you deliver in 2018/19?</i>	<b>Lead Officer</b>	<b>Baseline Data</b> (If applicable)	<b>Target date</b>	<b>Achievement Milestones</b> <i>What will be achieved &amp; what difference will be made?</i>	<b>Organisations involved</b>
<p>Representatives from Conwy &amp; Denbighshire Local Authorities have been in attendance at both meetings to share information and good practice currently established within their local areas. It was highlighted that there could be opportunities for Conwy and Denbighshire to collaborate on initiatives in order to strengthen the social prescribing offer.</p> <p>Further work is also needed on asset mapping across both Counties and collaboration would be beneficial here in order to gain a better understanding of what is available for people in the local areas. A further meeting between Conwy and Denbighshire officers will be arranged to explore the opportunities.</p> <p>The next full project team meeting will now be held in February 2020 once key actions have been completed.</p> <p>The following actions were agreed and are currently in progress:</p>					
1) Natural Resource Wales will liaise with Local Authorities to link the signposting/community navigator services with the local area statements that are currently in development.	Meeting to be held on 27 <sup>th</sup> November to explore further.				<b>In Progress</b>
2) All Partners will make arrangements to share information on signposting/social prescribing services with the aim of collaboration where possible.	Conwy & Denbighshire Local Authority Leads to arrange further meeting and feedback to the project team in the New Year.				<b>In Progress</b>
3) Partners to share information on where there may be barriers or issues encountered in relation to signposting/social prescribing	<p>Project Team tasked with cataloguing a list of barriers or gaps they can identify through their working areas and feedback to the project team.</p> <p>There was a consensus that transport from rural areas was a key barrier for many and needs further consideration. However, the piece of work currently being carried out as part of the PSB Support Grant to identify transport needs across North Wales could support this. The outcome of this research will be shared with the project team over the coming months.</p> <p>Discussions were also held around funding arrangements and the length of time grants and funding are given. It was agreed that funding agreements should be no less than 3 years to allow for projects/initiatives to be established and evaluated effectively. The project team requested that this be fed back at PSB level.</p>				<b>In Progress</b>
4) Explore Data Performance & Evaluation methods	Denbighshire shared performance data relating to their Talking Points & Navigator Services for information. It was agreed that a separate meeting would be arranged to further consider				<b>In Progress</b>

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>		Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved &amp; what difference will be made?</i>	Organisations involved
		performance data with a view to exploring consistency in processes across both Counties. Health will also provide performance information in relation to the existing weight management work streams within health and agreed KPIs within the commercial weight provider specification once completed.				
3	Better support tenants and those at risk of homelessness. This will not only result in less homelessness and more stable tenancies, but mitigate health associated risks and support a better quality rented sector.	Judith Greenhalgh, DCC (supported by CVSC & DVSC)	TBC	TBC	TBC	TBC
Progress Update – March 2019						<div><div></div><div></div><div></div></div>
Due to capacity, this work has not started.						Not started
4	Dementia Support Action Plan to better support dementia sufferers and their carers. PSB partners will work towards becoming dementia friendly organisations that help people live independently for longer.	Helen Wilkinson, DVSC	n/a	March 2020	Empower communities to generate and transform awareness about dementia into community led action.	Public & Third Sector, Voluntary & Community groups
Progress Update – July 2019						<div><div></div><div></div><div></div></div>
						In progress

#### Risks to Manage:

This is a complex area of work where we have found that a great deal is already taking place. The challenge remains for the PSB to understand where it can most add value to this busy, but important agenda, not only locally, but regionally.

It is also acknowledged that now the plan is in Delivery Phase, it is important to ensure that projects are adequately resourced in order to achieve what is set out in the Plan.

## PROJECT DELIVERY CONFIDENCE SUMMARY

Project Delivery Confidence Assessment:	
Green	Successful delivery of the project / programme to time, cost and quality appears highly likely and there are no major outstanding issues that at this stage appear to threaten delivery significantly.
Yellow	Successful delivery appears probable but significant issues already exist requiring management attention. These appear resolvable at this stage and if addressed promptly, should not present a cost / schedule overrun.
Orange	Successful delivery of the project / programme is in doubt with major risks or issues apparent in a number of key areas. Urgent action is needed to ensure these are addressed, and whether resolution is feasible.
Red	Successful delivery of the project / programme appears to be unachievable. There are major issues, which at this stage does not appear to be manageable or resolvable. The project / programme may need re-base lining and/or overall viability re-assessed.

Reasons for current delivery confidence
We are making good progress in relation to the Social Prescribing offer with a focus on supporting BCUHB to deliver their Weight Management Programme. Project Team now established and meetings taking place with key partners across Health, Natural Resource Wales and both Conwy & Denbighshire Local Authorities.

Previous Delivery Confidence Status
Green

## PROJECT HIGHLIGHTS

Please outline any key events or milestones for the reporting period
<ul style="list-style-type: none"><li>• Second project group meeting held in November to progress the social prescribing/weight management work with partners.</li><li>• BCUHBs Weight Management Business Case now approved and work started on the development of a Commercial Eating Programme.</li><li>• Information sharing and good practice identified across counties.</li></ul>

## NEXT REPORTING PERIOD

Please outline any key events or milestones expected for the next reporting period
<ul style="list-style-type: none"><li>• The next full project team meeting will be held in February 2020 once key actions from the November meeting have been completed.</li><li>• Asset mapping across both counties (including Health) to gain better understanding of what is available for people in local areas.</li><li>• Specification for Commercial Eating Programme out for tender early 2020</li></ul>